

## Positive Actions for the Sustainable Development Goals



1 NO POVERTY



GOOD HEALTH
AND WELL-BEING



**5** GENDER EQUALITY



7 AFFORDABLE AND CLEAN ENERGY



9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



11 SUSTAINABLE CITIES AND COMMUNITIES



13 CLIMATE ACTION



15 LIFE ON LAND



17 PARTNERSHIPS FOR THE GOALS



2 ZERO HUNGER



4 QUALITY EDUCATION



6 CLEAN WATER AND SANITATION



**B** DECENT WORK AND ECONOMIC GROWTH



10 REDUCED INEQUALITIES



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



14 LIFE BELOW WATER



16 PEACE AND JUSTICE STRONG INSTITUTIONS





## About the Sustainable Development Goals (SDGs)

The UN Sustainable Development Summit in 2015 adopted "Transforming My World: The 2030 Agenda for Sustainable Development". The new framework was developed following the United Nations Conference in June 2012 organised in Brazil. The Agenda contains 17 Goals with 169 Targets, covering a broad range of sustainable development issues. The Goals and Targets demonstrate the scale and ambition of this new universal and global agenda to plan the course of action for the people, the planet and prosperity. It is expected that all countries and stakeholders, acting in collaborative partnership, will implement this plan and contribute in achievements of the Targets. The Goals aim to secure a sustainable, peaceful, prosperous and equitable life on Earth for everyone now and in the future.

The Goals are linked to each other and are interdependent in one or more ways. In achieving the Agenda, we need to realise the links and plan our actions accordingly. Some of the linkages are direct and obvious to see, but many are not. SDG 4 on Quality Education and Life Long Learning in general and target 4.7 in particular, are the major drivers to realise the Agenda 2030.

Target 4.7: "By 2030, ensure that all learners acquire the knowledge and skills needed to promote sustainable development, including, among others, through education for sustainable development and sustainable lifestyles, human rights, gender equality, promotion of a culture of peace and non-violence, global citizenship and appreciation of cultural diversity and of culture's contribution to sustainable development.



Learning Outcomes for Handprint Action



- Contributes to efforts that raise awareness on poverty, social protection schemes and systems through speaking, writing and reporting using different media on different aspects like the relation of poverty with environmental problems.
- Supports affirmative actions for poor communities.
- Purchases or influence purchases of fair trade products and services.
- Shows empathy to the poor and is aware of the role of decisions that exacerbates poverty.
- Protests inequality.
- Investigates and reports on examples that help to end poverty at various levels local to international level.
- Takes action like planting trees that contribute to economies, food security and protection of landscape functions.
- Supports businesses that commit to paying fair salaries and do not discriminate on gender or race such as Green Key awarded tourism establishments.
- Supports businesses that support the local resources and communities through procurement and employment.
- Invests in gaining skills for employment.
- Purchases and support locally owned community businesses.



- Does not waste food.
- Shares/ use excess or leftover food for later consumption.
- Prefers home cooked food.
- Supports and participates in affirmative action for allocation of food to the people in need.
- Organises campaigns (including using media) against food waste.
- Makes people aware of to reduce or be selective on imported food.
- Reports/shares different aspects of the Life Cycle Analysis of food like food miles.
- Develops advocacy campaign for preserving biodiversity in agriculture and organic food.
- Asks for traditional or local varieties of endemic food produce.
- Prepares a local biodiversity register.
- Grows trees that can supplement nutritional requirements at schools and home.
- Educates and consumes non-agricultural produce as per the traditional knowledge and laws governing their extraction and use.
- Shares knowledge of linkages of food security with the eco-systems services particularly the role of forests.
- Support businesses that use sustainable food.
- Grows own vegetable garden in school or at home to supplement and encourage consumption of local food.
- Participates in organic food fairs to connect local farmers with consumers to encourage people to consume organic food.



- Does not bully (physically or mentally) anybody on any basis and treats all equally.
- Takes protection and precaution against diseases such as AIDS, Tuberculosis, malaria and maintains a healthy lifestyle.
- Says no to any form of habit-forming drugs.
- Practices behaviours like covering face while sneezing to prevent the spread of communicable diseases.
- Follows traffic rules and helps accident victims.
- Learns basic first aid and home remedies.
- Does not delay or neglect the need to access any treatment.
- Participates in outdoor activities, games and sports, and maintains physical activeness.
- Uses precaution to not spread diseases.
- Supports affirmative action for providing essential medicines at lower or no costs to the person in need.
- Seeks help for themselves and others in case of need or emergency, or psychological problems.
- Speaks up against the stigma associated with mental disorders.
- Investigates relationship between human health and the environment.
- Promotes and reports on human health and well-being in the context of the healthy environment.
- Knows and grows plants that can be used for simple home remedies based on traditional healthcare practices.
- Spends time in nature and encourages others to do the same.
- Support businesses that reduce their environmental footprint (properly treat their wastewater, recycling, don't use hazardous cleaning products, pesticides, fertilizers, does not pollute etc.).
- Participates in awareness campaigns to encourage improved sanitation and hygiene practices especially amongst mothers and young children.
- Conducts and disseminates studies and reports on health impacts, disease outbreaks, climate change etc.



- Attends and makes sincere efforts to learn in a school.
- Participates actively and is excited about the experiences provided by the school.
- Motivates others in the community to access and attend school regularly.
- Applies the learnings received in school to daily life.
- Relates the learnings to sustainability.
- Enjoys Outdoor learning.
- Spreads Literacy.
- Supports the maintenance and upkeep of school infrastructure.
- Supports actions that provide equal opportunities for students coming from disadvantaged communities.
- Learns and shares own learnings with other students and/or peer groups.
- Reports on the value of education in the context of Sustainable Development.
- Access vocational training and other technical training.



- Does not discriminate on the basis of gender.
- Does work or help in doing work without considering the gender stereotypes associated with work.
- Supports opportunities/actions for gender equality and the realization the potentials/interests.
- Discusses gender issues at home or with friends.
- Reports to teachers/parents any gender-related discrimination or violence.
- Talks and shares through writing on the issue of discrimination in the society.
- Promotes stories of gender equality.
- Respects the work and contribution made by female members at home and help them.
- Supports businesses that provide equal opportunities to women.



- Does not pollute water.
- Does not waste water.
- Handles drinking water in hygienic ways.
- Practices safe sanitation through proper use of the toilet.
- Washes hands at critical times after using the toilet, before handling food, after handling pets etc.
- Does not waste anything, recognising that water is a resource used to produce everything.
- Practices water saving techniques.
- Flushes after use of toilets.
- Leaves toilets clean.
- Practices principles of waste management.
- Participates in actions for rainwater harvesting.
- Takes action to stop loss of water dripping tap, burst pipelines.
- Reports on good practices and technologies for saving of water.
- Investigates and reports about different issues of water and likely future scenarios due to climate change.
- Protects trees and green spaces that are an important part of the water cycle.
- Supports products that have a lower water footprint, use water responsibly and ensures wastewater treatment.
- Clears standing water/puddle.



- Asks for maintenance of equipment, automobiles etc. for efficient use of energy.
- Buys or influences buying of efficient energy equipment.
- Saves energy by switching off equipment when not required or doing things like using natural sunlight or walking/bicycling short distances.
- Chooses renewable energy for generating electricity, drying, heating.
- Shares and reports different aspect of cleaner energy.
- Collaborates with students from other countries to compare and understand the global use of different forms of energy.
- Uses solar for drying of clothes, food etc.



- Respects dignity of all workers.
- Supports products and services that assure fair wages for workers, take care of their health and does not use child labour.
- Participates in events like makers' fairs or such events that spur innovations and entrepreneurship.
- Supports products and corporations that promote all aspects of sustainability.
- Reports on "green jobs" and advocates green path for global development.
- Promotes positive solution for economic growth and sharing of technologies around the world.
- Supports businesses that provide equal opportunities to women and local communities.
- Supports businesses and tourism that support the local economy and community.
- Supports worker rights to organize themselves.



- Follows the norms like waste management practices, transport rules required for maintenance and upkeep of sustainable infrastructure.
- Protects natural heritage as critical infrastructure.
- Participates in the greening of spaces.
- Participates and initiates efforts to conserve the built heritage and educate others about them.
- Supports industries by making sustainability a criterion for choosing a brand or a product.
- Supports adoption of infrastructure that is safe, inclusive and resilient.
- Makes people around them understand the proper use and need of the uptake for sustainable infrastructure.
- Follows the norms required for maintenance and upkeep of sustainable infrastructure.
- Supports businesses and governments that adopt eco-labels, embeds innovation, infrastructure and sustainability like Green Key and Blue Flag that optimises the use of resources and helps minimise the environmental impact of infrastructures.



- Supports enabling action that provides equal opportunities.
- Does not discriminate on any basis.
- Shares stories or activities of individuals, groups, organisations that have taken positive action/s to reduce inequalities.
- Shares time and other resources with communities or people at disadvantage or are marginalized.
- Investigates different aspects of inequalities in the countries and locally and shares positive examples of reduced inequalities
- Runs local campaigns to reduce inequalities.
- Supports businesses that support equality in employment.



- Follows the rules and norms to make systems like waste management, transportation function.
- Participates in the improvement of services and systems as an active citizen by sharing through various media and writing to authorities.
- Greens the spaces open spaces, rooftops etc.
- Uses public transport, walk, cycle as frequently as possible.
- Raises voice against vandalism of public infrastructure.
- Promotes cultural and natural heritage using different media.
- Takes actions as an active citizen in clean-up drives, segregate waste, compost wet waste, support dry waste recycling.
- Installs systems and technologies that help in sustainability solar lighting and heating systems, rainwater harvesting etc.
- Protects the natural environment of the city.
- Makes festivals greener and safer.
- Reports and share positive actions taken by the communities.
- Learns from other examples and acts to promote them within the local community.
- Acts as an ambassador for Sustainable Development in his or her city.
- Supports businesses that promote sustainable transportation such as biking or public transport.
- Supports businesses that try to lower their environmental footprint so as to not put pressure on local resources.
- Demonstrates pride in one's identity associated with a place through action and commitment.



- Does not buy if not needed.
- Buys products that are sustainable.
- Says no to unnecessary and unsustainable packaging.
- Buys and eats locally.
- Does not waste food.
- Segregates waste.
- Chooses eco-labels for a product or a service.
- Raises voice against products that are harmful in any way health, employs child labour etc., through writing to media, posting on social media.
- Uses resources with frugality.
- Acts as a smart consumer repurposes, upcycles, recycles, reuses and reduces.
- Runs campaigns about responsible consumption and production.
- Investigates and report on good examples/practices.
- Shares stories nationally and globally to inspire others.
- Promotes the importance of the circular economy and the recyclability of wood-based products.
- Supports businesses that have a third-party verification for sustainable management such as Green Key awarded tourism establishments.
- Picks right products that have the least impact on point of origin or people producing it.
- Supports local and community-owned businesses.



- Adopts a low-carbon lifestyle.
- Acts responsibly recognizing that energy is a critical component of production and consumption systems.
- Saves on carbon-intensive fossil fuel use walk, cycle, use less, buy less, energy efficiency.
- Reduces wastage of resources.
- Buys locally, eats locally produced food.
- Increases green spaces and other sinks of carbon.
- Reports on climate change issues from the local and international perspective.
- Runs local campaign to raise awareness.
- Expresses opinion and thoughts on global politics and solutions.
- Supports businesses that monitor and reduce their carbon footprint and act responsibly.
- Creates awareness among vulnerable communities about taking preventive and precautionary measures for resilience against climate change impacts.



- Throws waste in the proper place to stop litter reaching oceans, rivers, streams and waterways.
- Raises voice against exploitative fishing practices.
- Does not eat or buy any fish that is endangered, threatened or overfished.
- Chooses a Blue Flag beach, marina or boating operator for their vacations, when going out for a walk, a dive, recreational fishing, etc.
- Protects coastal ecosystems.
- Organises beach and stream clean-up drives.
- Investigates and report on water pollution.
- Runs local campaign to raise awareness especially on the micro and-plastic problem in water bodies.
- Picks-up litter when walking on the beach, swimming, or diving.
- Investigates various wetlands aspects such as local biodiversity, environmental phenomena.
- Supports businesses that have proper waste and wastewater treatment, such as Green Key awarded tourism establishments, avoid the use of hazardous cleaning products and sources its materials from sustainable sources.
- Supports businesses that purchase sustainable food products such as Green Key awarded tourism establishments.



- Does not harm any life forms excluding for scientific reasons like control of invasive species.
- Protects and promotes the importance of biodiversity.
- Spends time in nature, visit nature parks, sanctuaries.
- Does not eat the meat of wild animals/games that are endangered or protected by law.
- Does not buy products that use animal testing or wild animal parts especially endangered animals.
- Greens spaces with local species.
- Grows own food.
- Reports on positive aspects of protecting life on land.
- Supports businesses that produce using sustainably sourced materials.
- Supports businesses that do not purchase or sell products from endangered animals or plants such as Green Key awarded tourism establishments.
- Supports businesses that respect and care for the local biodiversity.
- Does not take plants and animals across borders as per the Convention on International Trade in Endangered Species of Wild Fauna and Flora.
- Supports equitable sharing benefits arising from the utilization of genetic resources in a fair and equitable way.



- Uses dialogue over an argument.
- Listens before speaking.
- Raises voice against discrimination and violence.
- Celebrates Human Rights Day.
- · Practices mediation and arbitration skills.
- Makes efforts to understand and promote local and global dialogue.
- Investigates, reports and promotes peace and inclusive societies.
- Shows sensitiveness to all life forms.
- Supports businesses that are in compliance with international, national and local legislation.
- Takes a stand against any form of bribery.
- Understands differences between countries and cultures.



- Supports global efforts for SDGs through time and other resources.
- Contributes to helping communities during and after disasters.
- Talks about the Sustainable Development Goals.
- Understands and promotes partnership between local and international stakeholders.
- Acts as an active global citizen!!